



8 Powerful Steps to Your Vision and Purpose and Your “True Nature”

These 8 steps are about freeing the major energy centres of the human body as understood by ancient cultures including Celtic, indigenous, Indian, Egyptian, Japanese and Chinese. It is a model to understand your Body’s Energy systems and where energy may be restricted or dis-eased.

For more freedom in your life, and a Clear sense of Vision and Purpose, practice these steps

1. Ground - build strong foundations, maintain gratitude & awareness of your Earth connection.
2. Free your creativity. Ease your dis-eases (including with sex) and free the "Chi" energy flow
3. Express your creativity and unique special gifts with high intent, power and passion
4. Forgive from your heart, and open your heart to receive – We reap what we sow
5. Speak, Express and Live your truth - resonate (voice) your truth with passion
6. Clarify your grander vision - expand your awareness of self, be discerning.
7. Honour yourself and have faith in your truth, integrity and Spirit
8. Lighten Up focus on fun, joy and what you love. Be the Flow

Enjoy an **enriched partnership with yourself** and exciting dancing partners will show up !!!

Our life's experiences, family patterns & learned habits can make doing these things a challenge.

You are not alone 8 Billion people are here supported by Earth, interdependent with you, on similar journeys.

What is important is to be true to yourself, have fun ... lighten up ... Remember what Buddha said !
“All that matters in Life is how much you have loved, and how much you have let go.”
And Swami Beyondananda’s 3 Steps to Enlightenment – Ego, Egoing, Egone

Regular Massage or dancing is a great start. Many holistic health practitioners can also help.
Remember this Celtic wisdom “Never give a sword to a man who cannot dance”

Teams or Groups are a key to synergistic creation of the future. We're not all here to create the World on our own.

Recreating Nature through team work can be one of the most rewarding activities.
Many community based groups are actively doing this, and welcome your involvement.
Your rewards will likely be outstanding, and unexpected.

Regular sharing with people with **high intent, clarity, and passion** will likely accelerate your outcomes,
especially if the space is created to align truthfully with each other.
Our Creative Vision Quest Online is a great place to start - ask us.

Here’s How You can be more Creative and On-Purpose - See our **Book “Creation Journeys – A Guide for Earthlings”**
available at <http://www.spiritsafaris.com/creationjourneysbook>

You can **Accelerate Your Fun & Evolution** with our outdoor OR Online **Vision Quest Program**
See - <https://www.excelink.com.au/vision-quest-online/>

For Free Tip and Techniques – Sign Up at the Website – <https://www.excelink.com.au/>

Or Join us for our **Outback Journey to Clarity & Purpose**, a Powerful Adventure to Clarify Your Highest Vision and
Purpose in the Heartlands of Central Australia from Alice Springs to Uluru.
See Details - <https://www.spiritsafaris.com/journey-to-clarity/>